

Everyone's a Counselor
Biblical Counseling and a Theology of Sin – Chapter 8

Quotes are from the Bible or the book, A theology of Biblical Counseling by Heath Lambert

The Fall of Mankind:

“Sin is a disposition of human beings that leads to a failure to conform to the moral law of God. Human Beings have a nature that is oriented away from God. The Bible teaches that man is inherently fallen and corrupt.”

“Sin is the most gruesome horrifying reality in all of human existence. It ruins our lives. It ruins the life of everyone who has ever lived. It even ruined the life of sinless Jesus when he took on our sin. Sin is not only what we do, it is also who we are.”

The Effects of Sin:

The Effects of Sin on Our Standing before God;

The principle of Representation: “It is the nature of human beings. That nature is why when Adam sinned we sinned. “

- “Adam **represented** the human race before God in his disobedience. Because Adam is guilty, every other person stands guilty as well. This guilt destroys our relationship with a holy God with whom we have experienced separation because God cannot look upon evil.”

The Effects of Sin on Our Motivations:

- “Sin distorts the motives of our hearts. It makes us desire the wrong things.”

The Effects of Sin on Our Thinking. “Sins corrupting influence on our thinking means we can rationalize moral choices, make good things seem wicked and bad things acceptable.”

The Effects of Sin on Our Emotions: “Sin causes our emotions to be in ways it shouldn’t. “

The Effects of Sin on Our Bodies: “Sin causes our bodies to decay”

The Effects of Sin on our Relationships: “The rebellion of man against God created hostility and strife in our relationships with other people.”

The Effects of Sin on Our World: “The consequence of sin affects the entire created world. The consequence of sin impacts the entire existence of every human being and their relationships with each other.”

The Doctrine of Sin and Biblical Counseling: People seek counseling because of their own personal sin; because of the sin of others; and/or because they live in a world corrupt by sin.

Counseling People Guilty of Sin: Counseling People Afflicted by the sin of Others:

“It is the work of our Savior, Jesus Christ, to address sin in the lives of believers through his Life, Death, Resurrection and Ascension.”

- “Repentance Require Confession. Repentance Requires a Forsaking of Sin”
- “The sin we are to stop doing and Righteousness we are to put on in its place”

Dealing with Sin in Counseling:

“Secular resources that lack God’s instruction about sin, confession, and forgiveness have to operate at a deficit concerning counseling resources. Christians have the benefit of the overflowing wisdom of God’s word.”